

101 Fine Motor Ideas

74. Make snakes and eggs by rolling playdoh into long snakes and egg-like balls.
75. Peel and tear colorful washi tape and use it to make a picture.
76. Use chop sticks to eat with.
77. Make the letters of your name out of Wikki stix.
78. Use Bingo dabbers to paint a picture.
79. Drive a toy car along a giant letter or number cutout.
80. Use a rolling pin to roll out dough.
81. Use decorative hole punchers to punch out pictures. Then glue the cut outs onto a piece of paper.
82. Build something with legos.
83. Peel star stickers up and then use them to make your own constellation on black paper.
84. Use a clothespin to pick up and transfer cotton balls from one bowl to another.
85. Practice opening and closing storage containers (plastic food bins, Ziploc bags, etc.)
86. Use a toothpick to draw a design in some playdoh.
87. Pick up a craft pom pom with a clothespin. Dip it in paint and dab paint on a piece of paper using the pom pom.
88. Cup your hands together to shake two dice. Roll them and add up the dots.
89. Make shadow puppets using your hands and a flashlight.
90. Use your index finger to pop bubbles.
91. Use only your thumb and index finger to pick up marbles and transfer them to a jar.
92. Go outside and use scissors to give the grass a haircut.
93. Stack pennies as high as you can to make a tower.
94. Put together a Mr. Potato Head toy.
95. Use a water gun to squirt liquid water colors on the sidewalk to paint a picture.
96. Try to trace the outline of a picture with liquid glue by squeezing the glue bottle and following the line.
97. Crumple paper and throw it like a snowball. Then unroll it and smooth it back out.
98. Use a computer keyboard to type the letters of the alphabet in order.
99. Blow up a balloon and then tie a knot in it.
100. Finger paint.
101. Use a marker to connect dots on a piece of paper.

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