

## 4th Grade Daily Schedule

Before 9:00 am	Wake up and Breakfast	Wake up for the day and eat some breakfast to prepare for the new day Do some simple stretching/yoga to get your body ready.
9:00 am - 10:00am	Outside Exploration	Go on a walk, look for things in nature or go to a playground/park
10:00am - 11:00am	Literacy Structured Learning (see activities calendar)	Work on academic tasks around Literacy (see printed work packets or use technology to practice skills)
11:00 am - 11:30 am	Writing Structured Learning (see activities calendar)	Work on academic tasks in Writing (see printed work packets or use technology to practice skills)
11:30am-12:00pm	Lunch	
12:00 pm - 1:00 pm	Math Structured Learning	<ul style="list-style-type: none"> <li>• 30 minutes use technology to practice skills -- Dreambox Learning</li> <li>• 30 minutes - Work on academic tasks in Mathematics or play math game</li> </ul>
1:00 pm - 2:00 pm	Science/Social Studies	Explore science and social studies topics using printed or electronic materials
2:00pm - 2:30pm	Creative Learning	Allow for exploration of materials using paper, markers, and other materials.
2:30 - 3:00pm	Outside Exploration	Take time to get some fresh air - go for a walk, ride your bike, or throw a ball