

Kindergarten

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| Before 9:00 am | Wake up and Breakfast | Wake up for the day and eat some breakfast to prepare for the new day Do some simple stretching/yoga to get your body ready. |
| 9:00 am - 10:00 am | Outside Exploration | Go on a walk, look for things in nature while maintaining social distancing |
| 10:00 am - 11:00 am | Structured Learning (see activities calendar) | Work on academic tasks (see work packets) |
| 11:00 am - 11:30 am | Creative Learning | Allow for exploration of materials using paper, crayons, playdoh or other material |
| 11:30 am-12:00 pm | Lunch | |
| 12:00 pm- 12:30 pm | Quiet Time | Use this time for rest or relaxation - Have your child read a book or complete a puzzle |
| 12:30 pm - 1:30 pm | Structured Learning (see activities calendar) | Work on academic tasks (see work packets or use technology to practice skills) |
| 1:30 pm - 2:30 pm | Creative Learning | Allow for exploration of materials using paper, crayons, playdoh or other material |
| 2:30 pm - 3:00 pm | Outside Exploration | Take time to get some fresh air - go for a walk, ride your bike or throw a ball while maintaining social distancing |